

Welcome  
to the

**First Regional Conference on Health in Northeast  
India-2024**

**Theme: Advancing Health Equity-Bridging the Gaps**

April 25-26, 2024–Shillong, Meghalaya

Organized by the National Lutheran Health and Medical Board (NLHMB) in  
collaboration with the Department of Allied Health Sciences, MLCU, Center  
for Food, Nutrition and Dietetics, MLCU and  
Indian Institute of Public Health Shillong

**SUBMIT ABSTRACTS**  
Last date: March 30, 2024

**FULL PAPERS & POSTERS**  
Last date: April 12, 2024

Martin Luther Christian University Hall, Martin Luther Christian University  
Nongrah, Shillong, Meghalaya



## About NLHMB, MLCU and IIPHS

The **National Lutheran Health and Medical Board (NLHMB)** is a registered trust engaged in Health care, Education, Community development and disaster management. The NLHMB works through its institutions and partners which are many and all over the country. It was established in 1986 and since 2002 it has been a registered Trust.

A major activity of NLHMB is HIV/AIDS awareness, care interventions and rehabilitation programs. Another role is to conduct training programs and workshops for healthcare providers.

The Martin Luther Christian University in Meghalaya is a body through which it plans several educational and vocational programs aimed to benefit the weaker sections of the society particularly the Dalits and the Tribals.

Education and Health Care being important blocks of development, the project aims to correct these two deficiencies in the chosen areas of our activity. The State of Meghalaya will be the field of our intensive activity, chosen for its high tribal population. The health care, education and training programs will empower individuals and communities into an action-focused process that supports the enhancement of sustainable development in and around the complexities of poor health, poverty and equity. Higher Education and the development of skills and entrepreneurship will enhance the capability of the people and this will be the focus of the institutions under this project. The healthcare projects will aim at introducing innovative educational programs to develop rural-oriented health practitioners and health workers taking management of health care to the people so that the organization of their health care will be in their control.

**Martin Luther Christian University (MLCU)** had its humble beginning as a primary University way back in 2006. The pioneering Christian university in Meghalaya, MLCU commits itself to render service to the community and to provide its students with a high-quality education that will enable them to graduate as well-rounded professionals, to serve with purpose, integrity and efficiency anywhere in the world. As global citizens, these students will provide the leadership for tomorrow.

MLCU is sponsored by the National Lutheran Health and Medical Board (NLHMB), a registered trust established in 1986 and engaged in Health Care, Education, Community Outreach and Disaster Management.

With job-oriented academic courses, MLCU is prepared to meet the challenges and requirements of the present-day workplace. MLCU emphasizes Skills and Experiential Learning and offers hands-on development projects for its students, to acquire not only knowledge and skills, but the real-life expertise needed to pursue gainful and fulfilling careers.

MLCU recognizes its opportunity and responsibility to contribute to the sustainable development of the region, participating in vocational education, healthcare, information and communication networks, agrisciences, environmental protection, disaster education, peace studies, and developmental projects. The university has collaborated with government, NGOs, community organizations, self-help groups and industry in the development of the community.

The **Indian Institute of Public Health (IIPH)** Shillong was established by the Public Health Foundation of India (PHFI) in collaboration with the Government of Meghalaya (GoM). The Institute aims to redress the limited institutional and systems capacity in public health in the northeast region of India. The mandate of IIPH Shillong includes capacity strengthening and improving health outcomes through

engagement in research, education, training, policy and advocacy activities that are relevant to the region and the country.

The Institute currently houses two research centres: The Centre for the Study of Complex Malaria in India (CSCMI) and the Regional Resource Hub for Health Technology Assessment in India (RRH-HTAIIn).

## About Conference

This conference aims to comprehensively tackle various health-related issues in Northeast India within the context of the United Nations' Sustainable Development Goals. With a focus on global well-being, the conference seeks to facilitate collaboration, knowledge exchange, and innovative solutions. Key objectives include promoting the health of Indigenous and Tribal communities, addressing prevalent diseases in the region, enhancing women's health, supporting the well-being of newborns, children, and adolescents, exploring effective health financing models, showcasing advancements in medical technologies, fostering health innovations, understanding the social factors influencing health, evaluating the effectiveness of health systems, promoting mental well-being, addressing cultural health challenges, and combating addiction and substance abuse. By providing a platform for discussions and idea sharing, the conference aims to generate impactful innovations that can positively influence health outcomes worldwide.

### Conference tracks, not limited to:

1. Health of indigenous/tribal people
2. Burden of diseases in north-east India
3. Infectious diseases
4. Non-communicable diseases
5. Women's health and gender studies
6. Newborn, child and adolescent health
7. Health economics and financing
8. Medical technologies and improving lives
9. Health innovations
10. Social determinants of health
11. Health systems and functioning
12. Mental health
13. Cultural syndrome and diseases
14. Addiction and substance abuse
15. Medical/Surgical technologies and innovations
16. Health education
17. Nutrition and Health

## Keynote Speakers -

Dr Meban Aibor Kharkongor, Medicine Department, Dr H Gordon Roberts Hospital

Dr Sandra Albert, Director, Indian Institute of Public Health, Shillong

Dr Alka Kharsati, Traditional Healer

Dr Shaibya Saldanha, Consultant Gynaecologist and Trainer, Government of Meghalaya

Dr Caleb Harris, Additional Professor and Hod, Surgical Oncology at NEIGRIHMS

Dr Himashree Bhattacharyya, Associate Professor, Community & Family Medicine, All India Institute of Medical Sciences, Guwahati

### Guidelines for abstracts:

Please structure your abstracts into the following heads, Introduction, Methods, Results and Conclusion. Please use 4-5 keywords about the themes you would want your abstracts to be categorised as. Please limit your abstracts to 500 words. The author(S) shall specify the title of the paper, Name(S) and designation of the Author(S). The e-mail ID & Contact (Whats app) number of the corresponding author are to be mentioned in the abstract.

The last date for submission of the abstract is **March 30, 2024.**

**Guidelines for posters:** The selected abstracts will be intimated through e-mail and poster size should be 4x3 feet. Posters should have a title, name, address, introduction, materials and methods and results with a conclusion. (Minimum font size of 18 Arial for the primary content and if images are required, kindly use high-quality images).

**Author and Co-Author:** There may be an author or co-author for a research paper. The author and Co-Author have to pay their fees individually for registration

**Full Paper:** The conference paper should be original, unpublished and should adhere to the conference theme. Papers to be submitted on or before **April 10, 2024**

**Papers:** Manuscripts should be one-and-a-half spaced, with pages numbered. The title page should include the names, titles and affiliations of all authors and e-mail; Limit the number of authors to three or four. Articles should be no longer than 7,000 words (not including references and footnotes). Please include a data-based, structured abstract of not more than 500 words. Stick to plain English, and avoid jargon. Describe the study's methodology clearly and simply dispense with arcane acronyms. All data and factual observations need a reference with the relevant literature. Reference style should be based on the citation-sequence (Alphabetical order).

**Text:** Size - 12- pt., Font -Times New Roman, Line spacing – 1.5, Heading: Size– 14 pt., (Bold), Font -Times New Roman; Sub Headings: Size – 12 pt., Font -Times New Roman.

**Reference Style:** Authors have to cite references and avoid plagiarism. APA reference style should be followed strictly.

**Author Name & Designation:** Author Name and The designation would appear under the Title of the paper on the First page/ Abstract.

The Best Poster will be rewarded with a cash prize of Rs.1000 respectively

**Registration fees in INR:**

UG/PG students: 750

PhD students: 1000

Research staff: 2000

Working professional: 3000

On the spot registration: 3500

The soft copy of the abstract and full paper is to be sent to the following email id

[nlhmbconference.2024@mlcuniv.in](mailto:nlhmbconference.2024@mlcuniv.in)

#### Registration Details

Registration Link – <https://forms.gle/JsQTiw8UmxZQv7FU9>



Registration fee should be paid through ONLINE

Account Name: National Lutheran Health and Medical Board

Bank Name: Union Bank of India

Account No: 520101232013329

IFSC: UBIN0910121

Branch: Laitumkhrah, Shillong



#### Organizing Team

Chairperson – Dr Larilin Kharpuri

Co-Chairperson - Dr Rajiv Sarkar,

Co-Chairperson- Dr Rennie Orson Lakadong

Secretary - Dr Colleen Sonia Pariat

#### Scientific Committee

Dr Eliza Dutta

Dr Lewaka Plain

Dr Minorita Lyngdoh

Dr Melodynia Marpna

Dr Nandaris Marwein

#### Important Dates

Last date of Abstract submission – March 30, 2024

Full paper submission – April 20, 2024

Last date of registration – April 12, 2024